

2009 Michigan NPC Schedule



Bodybuilding, Fitness, Figure and Bikini Competitions



District 28: Phone: 248-871-9867, Fax: 248-871-9866

Jan 2009

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Feb 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28

Mar 2009

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22	23	24	25	26	27	28
29	30	31				

Apr 2009

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May 2009

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24	25	26	27	28	29	30
31						

Jun 2009

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25	26	27	28	29	30	

- March**
- 7 IFBB Arnold Classic (Columbus, OH/614-431-3600)
 - 28 Novice Michigan Bodybuilding, Fitness, Figure and Bikini Championships (Detroit/248-909-6272 or ProFitnessGroup@hotmail.com)

- April**
- 11 Kalamazoo Bodybuilding and Figure Championships (Kalamazoo/269-629-4132)
 - 25 Flint/Mid-Michigan Natural Bodybuilding, Fitness, Figure and Bikini (Drug-Tested) (Flint/810-265-9416 or News@MichiganNPCnews.com)

- May**
- 2 Grand Rapids Bodybuilding, Fitness, Figure and Bikini (National Qualifier) (Grand Rapids/616-893-3368)
 - 9 MICHIGAN BODYBUILDING, FITNESS, FIGURE AND BIKINI STATE CHAMPIONSHIPS (National Qualifier) (Detroit/Office of Will and Norm Dabish: 248-871-9867)
 - 23 Jr. USA (Charleston, SC/843-270-4373 or www.npcjrusa.com)

- June**
- 20 Great Lakes/Ironman Natural Bodybuilding, Fitness, Figure and Bikini (Drug-Tested) (Flint/810-265-9416 or News@MichiganNPCnews.com)
 - Jr. Nationals (Chicago, IL/407-876-4467 or pambetz@aol.com)
 - 27 USA Wheelchair Bodybuilding and Figure Championships (Metairie, LA/504-431-4255)

- July**
- 18 Natural Michigan Bodybuilding, Fitness and Figure Championships (Drug-Tested) (Detroit/248-909-6272 or ProFitnessGroup@hotmail.com)
 - Teen, Collegiate and Masters Nationals (Pittsburgh, PA/412-377-1438 or www.garyudit.com)
 - 25 USA Bodybuilding and Figure Championships (Las Vegas, NV/310-796-9181 or www.musclecontest.com)

- August**
- 15 Central States Bodybuilding Championships (National Qualifier) and Melissa Frabbie Fitness, Figure and Bikini Championships (Detroit/734-717-7935 or motorcityfitness@provide.net)

- 29 IFBB North Americans (Cleveland, OH/412-481-9129 or www.garyudit.com)

- September**
- 12 John Simmons Bodybuilding, Fitness, Figure and Bikini Championships (Detroit/248-910-4344)
 - 19 National Figure and Team Universe (NYC, NY/516-933-1111 or bevsgym@optonline.net)
 - Southwest Michigan Bodybuilding and Figure (Kalamazoo/269-629-4132)

- 26 Natural Northern Michigan Bodybuilding Championships and Peggy Sue Fitness and Figure Classic (Drug-Tested) (Saginaw/248-909-6272 or ProFitnessGroup@hotmail.com)

- October**
- 24 Western Michigan Bodybuilding, Fitness, Figure and Bikini (National Qualifier) (Grandville/734-717-7935 or motorcityfitness@provide.net)

- November**
- 21 National Bodybuilding and Figure Championships (Dallas, TX/407-876-4467 or www.nationalbodybuilding.com)

Jul 2009

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Aug 2009

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Sep 2009

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Oct 2009

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25	26	27	28	29	30	31

Nov 2009

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22	23	24	25	26	27	28
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Dec 2009

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18	19	20	21	22	23	24
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For More Information Visit www.MichiganNPC.com or www.NPCNewsOnline.com